

**Table 105-0400<sup>1</sup>**  
**Canadian Community Health Survey (CCHS 2.1 and 3.1) indicator profile,**  
**by sex, Canada, provinces, territories, health regions (June 2005**  
**boundaries) and peer groups, every 2 years**

**Survey or program details:**

Canadian Community Health Survey - [3226](#)

Geography<sup>2,3</sup> = Yukon Territory [60]

| Sex        | Health profile  | Characteristics <sup>54,55,56,57,58</sup> | 2003   | 2005               |
|------------|---|---|--------|--------------------|
| Both sexes | Very good or excellent self-rated health <sup>11</sup>  | Number of persons                         | 13,749 | 15,385             |
|            |   | Percent                                   | 55.1   | 56.6               |
|            | Very good or excellent self-rated mental health <sup>12</sup>                                   | Number of persons                         | 18,331 | 20,036             |
|            |   | Percent                                   | 73.5   | 73.7               |
|            | With arthritis or rheumatism <sup>13,14</sup>   | Number of persons                         | 4,015  | 3,760              |
|            |   | Percent                                   | 16.1   | 13.8               |
|            | With diabetes <sup>15,16</sup>  | Number of persons                         | 925    | 1,160 <sup>E</sup> |
|            |   | Percent                                   | 3.7    | 4.3 <sup>E</sup>   |
|            | With asthma <sup>17</sup>   | Number of persons                         | 2,271  | 2,373              |
|            |   | Percent                                   | 9.1    | 8.7                |
|            | With high blood pressure <sup>18</sup>  | Number of persons                         | 2,583  | 3,071              |
|            |   | Percent                                   | 10.4   | 11.3               |
|            | Injuries within the past 12 months <sup>19,20</sup>   | Number of persons                         | 4,251  | 4,236              |
|            |   | Percent                                   | 17.0   | 15.6               |
|            | 1 or more two-week disability days <sup>21</sup>  | Number of persons                         | 4,959  | 5,300              |
|            |   | Percent                                   | 19.9   | 19.5               |
|            | Participation and activity limitation <sup>22</sup>   | Number of persons                         | 8,703  | 7,685              |
|            |   | Percent                                   | 34.9   | 28.3               |
|            | Current daily or occasional smoker <sup>23,24,25</sup>  | Number of persons                         | 6,868  | 8,257              |
|            |   | Percent                                   | 27.5   | 30.4               |
|            | Exposed to second-hand smoke at home <sup>26,27</sup>   | Number of persons                         | 2,279  | 1,561              |
|            |   | Percent                                   | 12.6   | 8.2 <sup>E</sup>   |
|            | Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>28</sup> | Number of persons                         | 5,553  | 2,438              |
|            |   | Percent                                   | 30.8   | 12.9               |
|            | Exposure to second-hand smoke in the past month, in vehicles <sup>28</sup>                      | Number of persons                         | 2,636  | 1,347              |
|            |   | Percent                                   | 14.6   | 7.1                |
|            | Exposure to second-hand smoke in the past month, in public places <sup>28</sup>                 | Number of persons                         | 4,238  | 1,497 <sup>E</sup> |
|            |   | Percent                                   | 23.5   | 7.9 <sup>E</sup>   |
|            | Complete restriction on smoking at home <sup>29</sup>   | Number of persons                         | 15,451 | 16,741             |
|            |   | Percent                                   | 61.9   | 61.6               |
|            | Complete restriction on smoking at work <sup>30</sup>   | Number of persons                         | 11,446 | 14,697             |
|            |   | Percent                                   | 67.2   | 78.5               |
|            | Smoking initiation age (5 to 14 years) <sup>31</sup>  | Number of persons                         | 8,061  | 8,390              |
|            |   | Percent                                   | 48.4   | 47.2               |
|            | 5 or more drinks on one occasion, 12 or more times a year <sup>32</sup>                         | Number of persons                         | 5,950  | 5,964              |
|            |   | Percent                                   | 29.8   | 27.9               |
|            | Leisure-time physically active or moderately active <sup>33,34</sup>                            | Number of persons                         | 14,862 | 15,668             |
|            |   | Percent                                   | 59.6   | 57.6               |
|            | Life stress, quite a lot (18 years and over) <sup>35</sup>                                      | Number of persons                         | 3,912  | 5,549              |
|            |   | Percent                                   | 17.6   | 22.8               |

|   |                   |                    |                    |
|---|-------------------|--------------------|--------------------|
| Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>36,37,38,39</sup> | Number of persons | 6,593              | 7,290              |
|   | Percent           | 29.9               | 30.3               |
| Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>36,37,38,39</sup>     | Number of persons | 4,546              | 4,295              |
|   | Percent           | 20.6               | 17.8               |
| Self-reported youth body mass index, overweight or obese <sup>36,40</sup>                                 | Number of persons | 371 <sup>E</sup>   | 540 <sup>E</sup>   |
|   | Percent           | 13.3 <sup>E</sup>  | 18.8 <sup>E</sup>  |
| Very strong or somewhat strong sense of belonging to local community <sup>41</sup>                        | Number of persons | 17,302             | 18,831             |
|   | Percent           | 69.4               | 69.3               |
| Has a regular medical doctor <sup>42</sup>  | Number of persons | 20,339             | 20,002             |
|   | Percent           | 81.5               | 73.6               |
| Contact with medical doctors in the past 12 months <sup>43,44</sup>                                       | Number of persons | 20,719             | 21,195             |
|   | Percent           | 83.1               | 78.0               |
| Contact with dental professionals in the past 12 months <sup>45,46</sup>                                  | Number of persons | 12,646             | 14,554             |
|   | Percent           | 50.7               | 53.5               |
| Contact with alternative health care providers in the past 12 months <sup>47,48</sup>                     | Number of persons | 4,217              | 5,486              |
|   | Percent           | 16.9               | 20.2               |
| Influenza immunization, less than one year ago <sup>49</sup>  | Number of persons | 5,064              | 8,241              |
|   | Percent           | 20.3               | 30.3               |
| Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>50,51</sup>            | Number of persons | ...                | ...                |
|   | Percent           | ...                | ...                |
| Pap smear, within the last 3 years (18 to 69 years) <sup>52,53</sup>                                      | Number of persons | ...                | ...                |
|   | Percent           | ...                | ...                |
| Very good or excellent self-rated health <sup>11</sup>  | Number of persons | 7,548              | 7,681              |
|   | Percent           | 60.6               | 56.2               |
| Very good or excellent self-rated mental health <sup>12</sup>   | Number of persons | 9,737              | 9,959              |
|   | Percent           | 78.2               | 72.9               |
| With arthritis or rheumatism <sup>13,14</sup>   | Number of persons | 1,711              | 1,545              |
|   | Percent           | 13.7               | 11.3               |
| With diabetes <sup>15,16</sup>  | Number of persons | 462 <sup>E</sup>   | 404 <sup>E</sup>   |
|   | Percent           | 3.7 <sup>E</sup>   | 3.0 <sup>E</sup>   |
| With asthma <sup>17</sup>   | Number of persons | 851 <sup>E</sup>   | 857 <sup>E</sup>   |
|   | Percent           | 6.8 <sup>E</sup>   | 6.3 <sup>E</sup>   |
| With high blood pressure <sup>18</sup>  | Number of persons | 1,201 <sup>E</sup> | 1,433              |
|   | Percent           | 9.6 <sup>E</sup>   | 10.5               |
| Injuries within the past 12 months <sup>19,20</sup>   | Number of persons | 2,616              | 2,359              |
|   | Percent           | 21.0               | 17.3               |
| 1 or more two-week disability days <sup>21</sup>  | Number of persons | 1,848              | 2,231              |
|   | Percent           | 14.8               | 16.3               |
| Participation and activity limitation <sup>22</sup>   | Number of persons | 4,278              | 3,900              |
|   | Percent           | 34.4               | 28.5               |
| Current daily or occasional smoker <sup>23,24,25</sup>  | Number of persons | 3,624              | 4,457              |
|   | Percent           | 29.1               | 32.6               |
| Exposed to second-hand smoke at home <sup>26,27</sup>   | Number of persons | 1,448 <sup>E</sup> | 855 <sup>E</sup>   |
|   | Percent           | 16.4 <sup>E</sup>  | 9.3 <sup>E</sup>   |
| Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>28</sup>           | Number of persons | 2,931              | 1,248 <sup>E</sup> |
|   | Percent           | 33.3               | 13.6 <sup>E</sup>  |
| Exposure to second-hand smoke in the past month, in vehicles <sup>28</sup>                                | Number of persons | 1,407 <sup>E</sup> | 630 <sup>E</sup>   |
|   | Percent           | 16.0 <sup>E</sup>  | 6.8 <sup>E</sup>   |
| Exposure to second-hand smoke in the past month, in public places <sup>28</sup>                           | Number of persons | 2,266              | 707 <sup>E</sup>   |
|   | Percent           | 25.7               | 7.7 <sup>E</sup>   |
| Complete restriction on smoking at home <sup>29</sup>   | Number of persons | 7,151              | 8,045              |
|   | Percent           | 57.4               | 58.9               |

|       |   |                   |                    |                    |
|-------|---|-------------------|--------------------|--------------------|
| Males | Complete restriction on smoking at work <sup>30</sup>   | Number of persons | 4,925              | 6,727              |
|       |   | Percent           | 56.0               | 70.3               |
|       | Smoking initiation age (5 to 14 years) <sup>31</sup>  | Number of persons | 4,107              | 4,692              |
|       |   | Percent           | 49.5               | 49.4               |
|       | 5 or more drinks on one occasion, 12 or more times a year <sup>32</sup>                                   | Number of persons | 3,740              | 4,236              |
|       |   | Percent           | 36.5               | 37.7               |
|       | Leisure-time physically active or moderately active <sup>33,34</sup>                                      | Number of persons | 7,430              | 8,222              |
|       |   | Percent           | 59.7               | 60.2               |
|       | Life stress, quite a lot (18 years and over) <sup>35</sup>  | Number of persons | 1,517 <sup>E</sup> | 2,814              |
|       |   | Percent           | 13.7 <sup>E</sup>  | 23.2               |
|       | Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>36,37,38,39</sup> | Number of persons | 4,105              | 4,484              |
|       |   | Percent           | 37.1               | 36.9               |
|       | Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>36,37,38,39</sup>     | Number of persons | 2,205              | 1,801 <sup>E</sup> |
|       |   | Percent           | 19.9               | 14.8 <sup>E</sup>  |
|       | Self-reported youth body mass index, overweight or obese <sup>36,40</sup>                                 | Number of persons | 327 <sup>E</sup>   | 370 <sup>E</sup>   |
|       |   | Percent           | 23.8 <sup>E</sup>  | 24.5 <sup>E</sup>  |
|       | Very strong or somewhat strong sense of belonging to local community <sup>41</sup>                        | Number of persons | 8,849              | 9,399              |
|       |   | Percent           | 71.1               | 68.8               |
|       | Has a regular medical doctor <sup>42</sup>  | Number of persons | 9,522              | 8,970              |
|       |   | Percent           | 76.5               | 65.6               |
|       | Contact with medical doctors in the past 12 months <sup>43,44</sup>                                       | Number of persons | 9,481              | 9,188              |
|       |   | Percent           | 76.1               | 67.2               |
|       | Contact with dental professionals in the past 12 months <sup>45,46</sup>                                  | Number of persons | 5,862              | 6,174              |
|       |   | Percent           | 47.1               | 45.2               |
|       | Contact with alternative health care providers in the past 12 months <sup>47,48</sup>                     | Number of persons | 1,372 <sup>E</sup> | 1,760 <sup>E</sup> |
|       |   | Percent           | 11.0 <sup>E</sup>  | 12.9 <sup>E</sup>  |
|       | Influenza immunization, less than one year ago <sup>49</sup>  | Number of persons | 2,357              | 3,040              |
|       |   | Percent           | 18.9               | 22.2               |
|       | Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>50,51</sup>            | Number of persons | ...                | ...                |
|       |   | Percent           | ...                | ...                |
|       | Pap smear, within the last 3 years (18 to 69 years) <sup>52,53</sup>                                      | Number of persons | ...                | ...                |
|       |   | Percent           | ...                | ...                |
|       | Very good or excellent self-rated health <sup>11</sup>  | Number of persons | 6,201              | 7,704              |
|       |   | Percent           | 49.6               | 57.0               |
|       | Very good or excellent self-rated mental health <sup>12</sup>   | Number of persons | 8,594              | 10,077             |
|       |   | Percent           | 68.8               | 74.5               |
|       | With arthritis or rheumatism <sup>13,14</sup>   | Number of persons | 2,304              | 2,216              |
|       |   | Percent           | 18.4               | 16.4               |
|       | With diabetes <sup>15,16</sup>  | Number of persons | 463 <sup>E</sup>   | 756 <sup>E</sup>   |
|       |   | Percent           | 3.7 <sup>E</sup>   | 5.6 <sup>E</sup>   |
|       | With asthma <sup>17</sup>   | Number of persons | 1,420              | 1,516              |
|       |   | Percent           | 11.4               | 11.2               |
|       | With high blood pressure <sup>18</sup>  | Number of persons | 1,382 <sup>E</sup> | 1,638              |
|       |   | Percent           | 11.1 <sup>E</sup>  | 12.1               |
|       | Injuries within the past 12 months <sup>19,20</sup>   | Number of persons | 1,635 <sup>E</sup> | 1,877              |
|       |   | Percent           | 13.1 <sup>E</sup>  | 13.9               |
|       | 1 or more two-week disability days <sup>21</sup>  | Number of persons | 3,112              | 3,069              |
|       |   | Percent           | 24.9               | 22.7               |
|       | Participation and activity limitation <sup>22</sup>   | Number of persons | 4,426              | 3,785              |
|       |   | Percent           | 35.4               | 28.0               |
|       | Current daily or occasional smoker <sup>23,24,25</sup>  | Number of persons | 3,244              | 3,800              |
|       |   | Percent           | 26.0               | 28.1               |

|         |   |                   |                    |                    |
|---------|---|-------------------|--------------------|--------------------|
| Females | Exposed to second-hand smoke at home <sup>26,27</sup>   | Number of persons | 830 <sup>E</sup>   | 705 <sup>E</sup>   |
|         |   | Percent           | 9.0 <sup>E</sup>   | 7.3 <sup>E</sup>   |
|         | Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>28</sup>           | Number of persons | 2,622              | 1,189 <sup>E</sup> |
|         |   | Percent           | 28.4               | 12.2 <sup>E</sup>  |
|         | Exposure to second-hand smoke in the past month, in vehicles <sup>28</sup>                                | Number of persons | 1,229 <sup>E</sup> | 717 <sup>E</sup>   |
|         |   | Percent           | 13.3 <sup>E</sup>  | 7.4 <sup>E</sup>   |
|         | Exposure to second-hand smoke in the past month, in public places <sup>28</sup>                           | Number of persons | 1,972 <sup>E</sup> | 790 <sup>E</sup>   |
|         |   | Percent           | 21.3 <sup>E</sup>  | 8.1 <sup>E</sup>   |
|         | Complete restriction on smoking at home <sup>29</sup>   | Number of persons | 8,300              | 8,696              |
|         |   | Percent           | 66.4               | 64.3               |
|         | Complete restriction on smoking at work <sup>30</sup>   | Number of persons | 6,521              | 7,971              |
|         |   | Percent           | 79.2               | 87.0               |
|         | Smoking initiation age (5 to 14 years) <sup>31</sup>  | Number of persons | 3,954              | 3,697              |
|         |   | Percent           | 47.4               | 44.7               |
|         | 5 or more drinks on one occasion, 12 or more times a year <sup>32</sup>                                   | Number of persons | 2,211              | 1,728              |
|         |   | Percent           | 22.7               | 17.0 <sup>E</sup>  |
|         | Leisure-time physically active or moderately active <sup>33,34</sup>                                      | Number of persons | 7,432              | 7,446              |
|         |   | Percent           | 59.5               | 55.1               |
|         | Life stress, quite a lot (18 years and over) <sup>35</sup>  | Number of persons | 2,395              | 2,736              |
|         |   | Percent           | 21.6               | 22.5               |
|         | Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>36,37,38,39</sup> | Number of persons | 2,488              | 2,806              |
|         |   | Percent           | 22.7               | 23.5               |
|         | Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>36,37,38,39</sup>     | Number of persons | 2,341 <sup>E</sup> | 2,494              |
|         |   | Percent           | 21.4 <sup>E</sup>  | 20.9               |
|         | Self-reported youth body mass index, overweight or obese <sup>36,40</sup>                                 | Number of persons | F                  | F                  |
|         |   | Percent           | F                  | F                  |
|         | Very strong or somewhat strong sense of belonging to local community <sup>41</sup>                        | Number of persons | 8,453              | 9,433              |
|         |   | Percent           | 67.6               | 69.7               |
|         | Has a regular medical doctor <sup>42</sup>  | Number of persons | 10,817             | 11,033             |
|         |   | Percent           | 86.6               | 81.6               |
|         | Contact with medical doctors in the past 12 months <sup>43,44</sup>                                       | Number of persons | 11,239             | 12,007             |
|         |   | Percent           | 89.9               | 88.8               |
|         | Contact with dental professionals in the past 12 months <sup>45,46</sup>                                  | Number of persons | 6,784              | 8,380              |
|         |   | Percent           | 54.3               | 62.0               |
|         | Contact with alternative health care providers in the past 12 months <sup>47,48</sup>                     | Number of persons | 2,845              | 3,726              |
|         |   | Percent           | 22.8               | 27.6               |
|         | Influenza immunization, less than one year ago <sup>49</sup>  | Number of persons | 2,708              | 5,202              |
|         |   | Percent           | 21.7               | 38.5               |
|         | Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>50,51</sup>            | Number of persons | 953 <sup>E</sup>   | 1,280              |
|         |   | Percent           | 33.4 <sup>E</sup>  | 38.2               |
|         | Pap smear, within the last 3 years (18 to 69 years) <sup>52,53</sup>                                      | Number of persons | 8,864              | 9,127              |
|         |   | Percent           | 83.5               | 79.2               |

#### Symbol legend:

- Not applicable
- <sup>E</sup> Use with caution
- <sup>F</sup> Too unreliable to be published

#### Footnotes:

- Source: Statistics Canada, Canadian Community Health Survey (CCHS 2.1 and 3.1), 2003 and 2005. The CANSIM table 105-0400 is an update of CANSIM table [105-0200](#).
- Health regions are defined by the provincial ministries of health. These are legislated administrative areas in all provinces. The health

regions presented in this table are based on boundaries and names in effect as of June 2005. For complete Canadian coverage, each of the northern territories also represents a health region.

3. A "peer group" is a grouping of health regions that have similar social and economic characteristics. The nine peer groups are identified by the letters A through I, which are appended to the health region 4-digit code.
11. Population aged 12 and over who rate their own health status as being either excellent or very good. Self-rated health is an indicator of overall health status. It can reflect aspects of health not captured in other measures, such as incipient disease, disease severity, aspects of positive health status, physiological and psychological reserves and social and mental function.
12. Population aged 12 and over who rate their own mental health status as being excellent or very good. Self-reported mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in self-reported (physical) health.
13. Population aged 12 and over who report that they have been diagnosed by a health professional as having arthritis or rheumatism.
14. Arthritis or rheumatism includes rheumatoid arthritis and osteoarthritis, but excludes fibromyalgia.
15. Population aged 12 and over who report that they have been diagnosed by a health professional as having diabetes.
16. Diabetes includes females 15 and over who have been diagnosed with gestational diabetes.
17. Population aged 12 and over who report that they have been diagnosed by a health professional as having asthma.
18. Population aged 12 and over who report that they have been diagnosed by a health professional as having high blood pressure.
19. Population aged 12 and over who sustained injuries in the past 12 months. Repetitive strain injuries are not included.
20. Refers to injuries which are serious enough to limit normal activities. For those with more than one injury in the past 12 months, refers to "the most serious injury", as identified by the respondent.
21. Population aged 12 and over who stayed in bed or cut down on normal activities because of illness or injury, on one or more days in the past 2 weeks.
22. Population aged 12 and over who report being limited in selected activities (home, school, work and other activities) because of a physical condition, mental condition or health problem which has lasted or is expected to last 6 months or longer. "Participation and activity limitation" was previously referred to as "Activity limitation".
23. Population aged 12 and over who reported being a current smoker (daily or occasional).
24. Daily smokers refers to those who reported smoking cigarettes every day.
25. Occasional smokers refers to those who reported smoking cigarettes occasionally. This includes former daily smokers who now smoke occasionally.
26. Non-smoking population aged 12 and over who reported that at least one person smokes inside their home every day or almost every day.
27. Smoking includes cigarettes, cigars and pipes.
28. Non-smoking population aged 12 and over who reported being exposed to second-hand smoke in private vehicles and/or public places on every day or almost every day in the past month.
29. Population aged 12 and over who reported that smokers are asked to refrain from smoking in the house.
30. Employed population aged 15 to 75 who reported that smoking is completely restricted at their place of work.
31. Population aged 12 and over who reported being either a current or former smoker and who reported the age when they smoked their first whole cigarette.
32. Population aged 12 and over who reported having at least 1 drink in the past 12 months.
33. Population aged 12 and over reporting level of physical activity, based on their responses to questions about the frequency, duration and intensity of their participation in leisure-time physical activity.
34. Respondents are classified as active, moderately active or inactive based on an index of average daily physical activity over the past 3 months. For each leisure time physical activity engaged in by the respondent, an average daily energy expenditure is calculated by multiplying the number of times the activity was performed by the average duration of the activity by the energy cost (kilocalories per kilogram of body weight per hour) of the activity. The index is calculated as the sum of the average daily energy expenditures of all activities. Respondents are classified as follows: 3.0 kcal/kg/day or more = physically active; 1.5 to 2.9 kcal/kg/day = moderately active; less than 1.5 kcal/kg/day = inactive.
35. Population aged 18 and over who reported their level of life stress.
36. Body mass index (BMI) is a method of classifying body weight according to health risk. According to the World Health Organization (WHO) and Health Canada guidelines, health risk levels are associated with each of the following BMI categories: normal weight = least health risk; underweight and overweight = increased health risk; obese, class I = high health risk; obese, class II = very high health risk; obese, class III = extremely high health risk.
37. Body mass index (BMI) is calculated by dividing the respondent's body weight (in kilograms) by their height (in metres) squared.
38. A definition change was implemented in 2004 to conform with World Health Organization (WHO) and Health Canada guidelines for

body weight classification. The index is calculated for the population aged 18 and over, excluding pregnant females and persons less than 3 feet (0.914 metres) tall or greater than 6 feet 11 inches (2.108 metres).

39. According to the World Health Organization (WHO) and Health Canada guidelines, the index for body weight classification is: less than 18.50 (underweight); 18.50 to 24.99 (normal weight); 25.00 to 29.99 (overweight); 30.00 to 34.99 (obese, class I); 35.00 to 39.99 (obese, class II); 40.00 or greater (obese, class III).
40. Body mass index (BMI) for youth is different from that of adults as they are still maturing. This variable classifies the measured BMI of children aged 12 to 17 as "obese" or "overweight" according to the age- and sex-specific BMI cut-off points as defined by Cole and others. The Cole cut-off points are based on pooled international data (Brazil, Great Britain, Hong Kong, Netherlands, Singapore and United States) for BMI and linked to the internationally accepted adult BMI cut-off points of 25 (overweight) and 30 (obese). Respondents who do not fall within the categories of "obese" or "overweight" (as defined by Cole and others) have been classified by the Canadian Community Health Survey (CCHS) as "neither overweight nor obese".
41. Population aged 12 and over who describe their sense of belonging to their local community as very strong or somewhat strong. Research shows a high correlation of sense of community-belonging with physical and mental health.
42. Population aged 12 and over were asked to report whether they had a regular medical doctor.
43. Population aged 12 and over who have consulted with a medical doctor in the past 12 months.
44. Medical doctor include family or general practitioners as well as specialists such as surgeons, allergists, orthopaedists, gynaecologists or psychiatrists. For population aged 12 to 17, includes pediatricians.
45. Population aged 12 and over who have consulted with a dental professional in the past 12 months.
46. Dental professionals include dentists or orthodontists.
47. Population aged 12 and over who have consulted with an alternative health care provider in the past 12 months.
48. Alternative health care providers include massage therapists, acupuncturists, homeopaths or naturopaths, Feldenkrais or Alexander teachers, relaxation therapists, biofeedback teachers, rolfers, herbalists, reflexologists, spiritual healers, religious healers and others.
49. Population aged 12 and over who reported when they had their last influenza immunization (flu shot).
50. Females aged 50 to 69 who reported when they had their last mammogram for routine screening or other reasons.
51. Screening by mammography is an important strategy for early detection of breast cancer.
52. Females aged 18 to 69 who reported when they had their last Pap smear test.
53. Pap tests (Papanicolaou) detect pre-malignant lesions before cancer of the cervix develops.
54. When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate.
55. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
56. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified as follows: (E) use with caution.
57. Data with a coefficient of variation (CV) greater than 33.3% were suppressed due to extreme sampling variability and are identified as follows: (F) too unreliable to be published.
58. The following standard symbols are used in this Statistics Canada table: (..) for figures not available for a specific reference period and (...) for figures not applicable.

**Source:** Statistics Canada. *Table 105-0400 - Canadian Community Health Survey (CCHS 2.1 and 3.1) indicator profile, by sex, Canada, provinces, territories, health regions (June 2005 boundaries) and peer groups, every 2 years, CANSIM (database).*

<http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?>

[Lang=E&CANSIMFile=CII\CII\\_1\\_E.htm&RootDir=CII/](http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?Lang=E&CANSIMFile=CII\CII_1_E.htm&RootDir=CII/)

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